

Strappy Music – How to Use Your Strap

Hello! Welcome to Strappy Music. We're so excited to have you as part of the family of experimenting violinists and violists exploring how these instruments could be played more ergonomically.

Each of our models aims to reduce tension and allow greater freedom of movement.

Your feedback helps us continue to refine the design - we'd love to hear how it works for you. Post on your socials and tag #strappymusic to share your experience or contact us directly at strappyviolinstraps@gmail.com

Please read the following instructions carefully before using your strap for the first time.

Custom Clamp

Each strap comes with a **custom clamp**, designed to replace the traditional chin rest. This clamp supports the instrument so that it no longer needs to be held by the chin.

Fitting: The clamp tightens and loosens in the same way as a standard chin rest and can be adjusted using a standard chin-rest tool.

Tightness: It must be firm enough that it does not loosen or detach when the strap is attached or under tension, but not so tight that it risks damaging the instrument.

Inspection: Check the tightness carefully before each use. Because the strap applies more force to the clamp than a standard chin rest does, extra care should be taken when fitting and checking it.

Professional fitting: If unsure, it is recommended to have the clamp fitted by a qualified luthier.

Some players choose to attach a small string loop to their existing chin rest to create a hybrid option that allows quick movement between standard and strap-assisted positions. If you do this, take care to avoid contact between the clip and the body of the instrument. **Strappy Music recommends using the supplied custom clamp and a separate instrument** if switching regularly between standard and strap setups.

Strappy Model A

Purpose:

Designed to support the violin in a standard playing position, **Strappy A** reduces the need to hold the instrument with the chin, helping to relieve neck strain.

Important note: The narrow front cord acts as a safety strap and it must be fitted close to the body without slack for it to work effectively. **It is essential that you adjust the length of this to suit your body before using your strap** (Fig. A). To adjust, untie the figure-8 knot on the belt clip and adjust the length so that the cord is **just taut** when the strap is worn. Retie the end using the same figure-8 follow through knot as shown in this [video link](#).

Setup:

- Replace your existing chin rest with the custom clamp (typically positioned around 7 cm to the left of the tailpiece, though this may vary from person to person) (Fig. B).
- Attach the smaller clip onto the clamp.
- Place the strap over your head and right shoulder, with the wider webbing at the back and the narrower cord at the front.
- Attach the larger clip to your front right belt loop.
- Adjust the length at the back until it feels secure and comfortable. The position of the adjuster can also be moved up or down by adjusting the position of the top buckle.
- We recommend you use a shoulder rest with this strap.
- After playing, loosen the strap before unclipping and removing it. We recommend you detach your strap when not playing your instrument.

Strappy Model B

Purpose:

Designed to hold the instrument in a lower and more central position, providing an alternative posture that many players find improves shoulder mobility.

Setup:

- Replace your existing chin rest with the custom clamp (typically positioned directly to the left of the tailpiece though this may vary person to person).
- Place the loop around the scroll of the instrument, in the middle of the pegs (Fig. C).
- Connect the clip on the leather end of the strap to the clamp.
- Connect the clip other end of the strap to the loop around the scroll.
- Place the strap on over your head.
- Adjust the tension of the strap so the instrument rests comfortably and securely in your preferred position.

Small adjustments to your **shoulder rest angle and height** can make a significant difference with comfort and stability; take time to experiment with what feels best. We find this more angled position works best for Strappy B (Fig. D).

Care and Safety

- Inspect your strap, clamp, and attachment points regularly for signs of wear or looseness.
- Do not overtighten or modify components.
- Keep the strap away from heat, moisture, and sharp edges.
- Store the strap separately from your instrument when not playing it.

Disclaimer

Use this product only as intended and follow all fitting instructions carefully. Improper use or incorrect fitting may result in damage to your instrument or personal discomfort. This information is provided in addition to your rights under the Australian Consumer Law, which cannot be limited or excluded. By using this product, you acknowledge that you have read and understood these instructions and our full **Terms and Conditions**, available at: strappymusic.com/terms.html

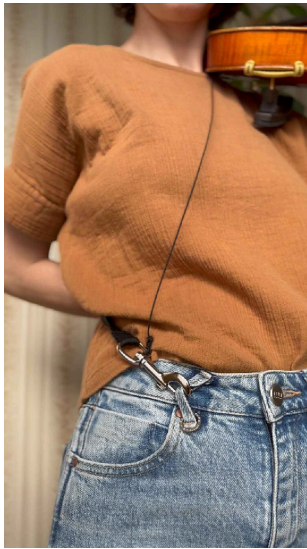


Fig. A. Optimal tension for safety cord on Strappy Model A. Note that it is tightly fitted to the body without slack.



Fig. B. Clamp position for Strappy Model A.



Fig. C. Scroll loop position for Strappy Model B.



Fig. D. Recommended shoulder rest position for Strappy Model B.